

# Join us for Spring O-Higan

Dharma Talk - Sat. March 14, 2020 3-5 pm

Meditation (9 am) and Family Service (10:30 am) - Sun. March 15, 2020

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**O-Higan, celebrated by most Japanese Buddhist traditions, falls during the period when the seasons are in harmony (mid-March, mid-September). It is a time to reflect and renew our practice of Buddhism.**

**Dr. Jason Tetsuzen Wirth is professor of philosophy at Seattle University, a Sōtō Zen priest, and founder and co-director of the Seattle University EcoSangha. His books include Mountains, Rivers and the Great Earth: Reading Gary Snyder and Dōgen in an Age of Ecological Crisis (SUNY 2017)**

**Dr. Wirth will be joining us on Saturday March 14th from 3:00 – 5:00 pm for an exchange of the Dharma where he will discuss his Buddhist tradition, Soto Zen, and meditation as it relates to the literal meaning of higan ("other shore") as well as some Zen thoughts on the ancestors.**

**Dr. Wirth will also join us for our Sunday services on Sunday March 15;  
Meditation Service at 9:00 a.m. and Family Service at 10:30**

**We look forward to sharing this time with you.**

**White River Buddhist Temple | 3625 Auburn Way N | [office@wrbt.org](mailto:office@wrbt.org)**